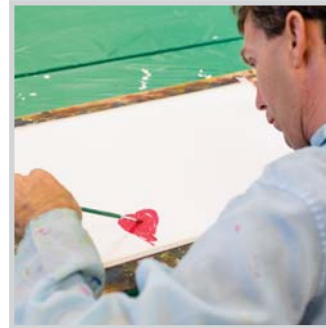


# Annual Report

# 2016



**SCHURIG  
CENTER**  
For Brain Injury Recovery

Improving the Quality of Life for Survivors of Acquired Brain Injury and Their Families in the Bay Area Since 1985

# From the Board President & Executive Director

We are happy to share the highlights of our 31st year of improving lives for brain injury survivors and their families. It is an honor to work with our staff, board and volunteers to assist thousands of people each year--sharing education, support, and rehabilitation with so many who have nowhere else to turn. We thank our amazing team and we thank YOU for contributing to our success through your generosity and kindness.

This past year we realized a dream of ours - to be known as Schurig Center for Brain Injury Recovery. When the change was announced, a few friends of the organization wondered why. It's true that our name was changed from Marin Brain Injury Network to BINBA five years ago. But even before that we wanted a name that honored our founder and was uniquely our own. We are a center that provides healing, education, support and rehabilitation. So we wanted a name that highlighted hope and recovery. Our new name honors Karen Schurig and the recovery process undertaken by those impacted by brain injury and stroke. We are thrilled with our new name and hope you are as well.

In addition to changing our name, we hosted our 5th annual Brain\*Art\*Music Gala fundraiser, hired new team members, expanded our Board of Directors, added new services, and reached over 3,000 people with information, education and treatment. Additionally, we joined forces to create a concussion education coalition. The group will be launching a standard of care and education plan for concussion management in March of 2017.

As we reflect on the past year, our most important measure of success is our ability to help those in need. We leave you with this comment from a survivor who sums up beautifully how Schurig Center, and You, make a difference in the lives of so many. *"My life was saved by my interactions with Schurig Center. I am only one of hundreds of people who have had life breathed back into their soul by walking through those doors."*

With Gratitude,  
**Kim Strub** and **Patricia Gill**



*Kimberly Strub*  
President



*Patricia Gill*  
Executive Director

## Schurig Center Teams Up for Concussion Education

In the past few years, there has been a flurry of media coverage regarding concussion statistics in sports and incidence of CTE (chronic traumatic encephalopathy), a degenerative disease found in deceased athletes who have sustained repeated blows to the head during their sports career. This coverage is good for helping community members become aware of a growing issue of safety in sports, however there is great need for community education about the causes, symptoms, and care of concussion.

In response to new legislation and the need to protect our youth, a team has formed to address the issue of safety in sports, particularly at the high school level. While Schurig Center has provided concussion education and an informational website for years ([www.concussionmarin.org](http://www.concussionmarin.org)), we were honored to join this team of professionals to create and disseminate a standard level of education and care for our county. This educational program will be launched in March of 2017, during National Brain Injury Awareness Month, and will reach students, athletes, coaches, teachers, parents, physicians and emergency room personnel.

The team consists of professionals from the following organizations: County of Marin, Kaiser Permanente, Marin County Athletic League, Marin County Office of Education, Marin General Hospital, Schurig Center, and Sutter Health.

### A few facts...

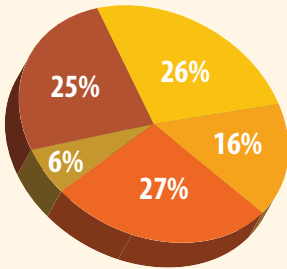
- 4 to 5 million concussions occur annually, with rising numbers among middle school athletes
- 90% of most diagnosed concussions do not involve a loss of consciousness
- 67% of all sports concussions happen during games, with 33% happening during practice
- 33% of high school athletes who have a sports concussion report two or more in the same year
- 39% -- the amount by which cumulative concussions are shown to increase catastrophic head injury leading to permanent neurologic disability



# 2016 Financials

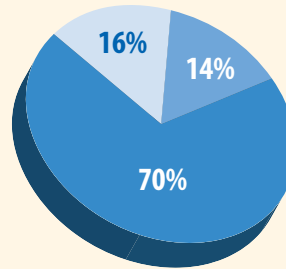
## Income

Foundations .....	\$153,000 (27%)
Events .....	\$146,055 (26%)
Individuals .....	\$140,306 (25%)
Fee for Service .....	\$91,302 (16%)
Government .....	\$34,764 (6%)
<b>Total Revenue .....</b>	<b>\$565,427</b>



## Expenses

Programs & Services .....	\$412,260 (70%)
Building, Insurance & Admin .....	\$93,942 (16%)
Fundraising, Events & Marketing .....	\$88,799 (14%)
<b>Total Expense .....</b>	<b>\$595,003</b>
Building Depreciation .....	\$49,929
(not included in total expense)	
Total Assets .....	\$906,833



**Note:** A \$29,489 deficit in 2016 occurred due to a FY 2016 grant being received during the FY 2015 cycle, creating a surplus in 2015 and a deficit in 2016.



Lise Schurig  
Daughter of Founder Karen Schurig

## Thank You for Supporting the 5th Annual BAM Gala!

The Marin Osher JCC provided the beautiful backdrop for inspiring evening on April 9, 2016 as Schurig Center hosted its 5th Annual Brain, Art & Music (BAM) Gala. With emcee Vern Glenn leading the festivities, we honored renowned neurosurgeon Dr. Geoffrey Manley and Marin attorney Sterling (Terry) Ross for their commitment to improving the quality of life for brain injury survivors. Survivors Robert Harry Rovin and Susan Antonelli also shared their personal story of recovery, illuminating the remarkable change that is possible after brain injury.

BAM Gala isn't just a celebration of recovery. It also raises funds that enable Schurig Center to offer it's services on a sliding-scale or free to more than 70 percent of its clients who live on a low income. We are deeply grateful to our sponsors, planning committee, volunteers, and guests whose continued support helps make this event a success each year.

**With your help, we raised \$145,000 for the Karen G. Schurig Scholarship Fund** to ensure everyone will have access to the services when needed, regardless of financial ability. **Thank you!**



Dr Geoffrey Manley and Susan Antonelli



Emcee Vern Glenn



Terry Ross and Patricia Gill



Robert Harry Rovin



# Current Services & Programs

All services are offered on a sliding-scale or free of charge, with a few services accepting Medi-Care and insurance reimbursement.

## **Structured Therapeutic Treatment Program •**

Offered for adults living with an acquired brain injury (ABI/TBI), an array of classes to enhance cognitive, social, and behavioral abilities. All classes are taught by instructors trained in the field of brain injury who have received education and training in a range of modalities including art therapy, counseling, social work, occupational therapy, speech therapy. **Monday to Thursday.**

## **ABI/TBI Survivor Education and Support Group •**

Provides support and education in the areas of brain anatomy, cognitive enhancement, coping strategies, emotional adjustment, and rebuilding life post brain injury. Other topics are addressed based on the group's interests and needs. Facilitated by a specialist in the field of brain injury. **Meets Tuesdays for 1.5 hours**

## **Family/Caregiver Support Group •**

We recognize the enormous pressures and risks of family care giving – burnout, compromised health, depression, and depletion of financial resources. For this reason, we offer this support group providing a supportive, educational environment to enhance the caregiver's understanding of the cognitive, emotional and life changes resulting from a brain injury. Facilitated by a specialist in the field of brain injury rehabilitation. **One Saturday each month, 10:30am-12:00pm**

**Art and Education Class for Survivors •** Offered concurrently with the Caregiver Support Group to help provide flexibility for caregivers to attend the support group. **One Saturday each month, 10:30am-12:00pm**

## **Concussion Information Web site &**

**Community Presentations •** Community and school based presentations available. Web site offering concussion education and information: [www.concussionmarin.org](http://www.concussionmarin.org)

## **Education & Prevention Presentations •**

Presentations provide education about ABI/TBI and prevention information to community organizations and groups, sports leagues, and professional conferences. **Available upon request.**

**Post-Concussion Education Class •** Support and education for adults living with side effects from concussion. Facilitated by Dr. Jim Wilson, PhD, a licensed Neuropsychologist. **Offered as a series of monthly sessions, 6:00pm-7:30pm.**

## **Individual Therapeutic Computer Program ITCP •**

Computer based exercises provided in a fun and interactive environment designed to increase cognitive abilities and achieve specific personal goals. Facilitated by Ducie Wagner, a skilled instructor with 25 years of experience teaching this program. **Monday to Thursday.**

## **Neuropsychological Assessment & Individual Consultation •**

Assessments, consultations and therapy sessions for individuals with ABI/TBI and their family members. Provided by Dr. Jim Wilson, PhD, a licensed Neuropsychologist. **Tuesdays.**

**Occupational Therapy •** Individual evaluations, treatment sessions, and consultations for adults living with ABI/TBI provided by Maggie Smida, OTR/L, licensed Occupational Therapist. **Offered weekly.**

**Resource Referral Service •** Consultation to provide assistance finding and accessing community resources for survivors, families, and professionals.

## **Speech Therapy Classes & Individual Sessions •**

Designed to improve communication abilities for adults living with a brain injury. Facilitated by Kalynn Stewart, MS, CCC-SLP, a licensed speech therapist specializing in brain injury. **Offered weekly.**

## **Yoga Movement & Mindfulness Classes •**

Led by Certified Yoga Instructors from the Stress Management Center of Marin (SMC), these classes help participants to reduce the symptoms of depression and stress and connect anew to self and others. Open to survivors, caregivers, and family members. **Offered weekly.**

## **Keeping Hope Alive (Support Group For Stroke Survivors) •**

Facilitated by Carol Howard Wooton, MFT, a stroke survivor with over 30 years experience leading support groups and sharing her expertise in the area of healing after stroke. **Monday and Friday.**

... For more information on programs ...

**call 415-461-6771**

# Who We Served

Schurig Center is the only non-profit, post-acute therapeutic center in the North Bay offering an array of affordable rehabilitative and supportive services designed to help survivors and their families rebuild their lives after a brain injury. We also support professionals, interns in training, and the community at large.

With your help, the lives of over 3,000 people were impacted by Schurig Center's array of services over the last year. Our services meet a growing need. More than 70% of those who accessed our services this past year were new to the organization.

## Clients Served

Brain Injury Survivors = 245  
Caregivers/Family = 140  
70% of our clients live on a low income  
35% are seniors

## Types of Injury

42% TBI  
26% Stroke  
18% Concussion  
14% Other Causes



## Groups Served

Community Presentations = 455  
Concussion Education and Website Access = 1,928  
Occupational Therapy Intern Training = 4  
Professionals/Agencies = 257

## Do You Know Someone Living With A Brain Injury?

### You probably do because...

- A traumatic brain injury occurs every 15 seconds.
- A stroke happens every 40 seconds.
- 3.8 million concussions occur annually. Many people are not aware that a concussion is a form of brain injury!

***"My life was saved by my interactions with Schurig Center. I am only one of hundreds of people who have had life breathed back into their soul by walking through those doors."***

*~ Car accident survivor*

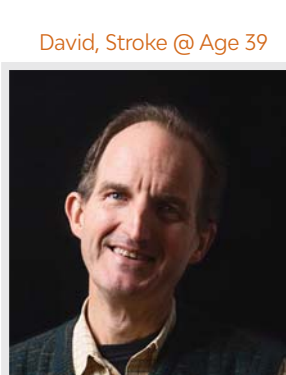
## Meet A Few of Our Clients

### Whose Lives You Have Touched This Year...

In the past year, more than 385 survivors and their families were able to access our on-site therapeutic and support services that improve abilities and enhance lives. The people Schurig Center serves are "us". Our clients are professionals, family members, friends, and neighbors – our local community. Here are just a few of the people whose lives have been changed, thanks to YOU!



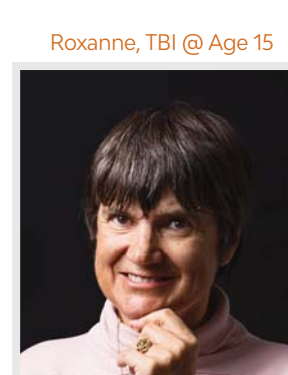
Lucia, Stroke @ Age 33



David, Stroke @ Age 39



Anna, Multiple Injuries



Roxanne, TBI @ Age 15

We extend gratitude and a heart-felt **THANK YOU** to everyone who supported the mission of Schurig Center this past year. It is because of their kindness, commitment, and caring that we were able to be of service to hundreds of people this year who had nowhere else to turn. ❤️

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*Thank You!*

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***"The biggest problem I am having is that I know I am different. I am fine ... but I know I am different. Most of my friends do not see that anything is wrong ... I'm getting good at muddling through! I am glad that Schurig Center exists!"***  
-- Bicycle Accident Survivor

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***"I wish Schurig Center existed in every County. They have been a key factor in my recovery and I don't think I would have even recovered properly without their help."***  
~Concussion Survivor



# SCHURIG CENTER

For Brain Injury Recovery

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www.schurigcenter.org  
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*"At Schurig Center, everyone understands and we have a place to come, to grow together, to support one another, and to be understood. This center gives hope. You come here and you believe you can get better – you know you can get better. There is nothing like this place – there is nowhere else to go that is affordable and does what BINBA does. This place changes lives." ~ Stroke Survivor*

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*"My mother's stroke didn't just happen to her, it happened to my whole family. We are so fortunate to have a resource like Schurig Center in our community."*

*~ Family member*

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