Our Mission
To improve the quality of life for acquired brain injury survivors and their families and to raise awareness of the causes and effects of these injuries.

Serving Marin & the Bay Area Since 1985

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Executive Director
Patricia Gill, MS, MFT

In This Issue
2019 Annual Report
An Inspiring Year of Healing Made Possible by You!

You are Changing the Future of Concussion Treatment!

Thanks to you, adults living with the effects of a Concussion are helped by innovative services not available anywhere else in our area; services that are gaining recognition as a model program.

According to the World Health Organization and the Center for Disease Control, Traumatic Brain Injury (TBI) is a major cause of death and disability around the world. Concussion, also known as Mild Traumatic Brain Injury (mTBI), is considered an epidemic in the United States.

It was once believed that people who sustained a Concussion would typically recover fully in a few months. Research now shows over 50% of people who sustain even just one Concussion may experience significant long-term effects for a year or longer.

Globally, health practitioners, who themselves may have limited familiarity with these conditions, are often faced with a lack of resources to aid clients in their recovery.

“A Concussion is a significant medical problem that can result in lasting effects that are not at all ‘mild.’

It’s important to have a place like Schurig Center that offers continued education and support at affordable rates to help those who are experiencing longer-term side effects of a Concussion.”

33% of our clients are adults with post-concussive syndrome. With the expert guidance of neuropsychologist Dr. James Wilson, Schurig Center has designed and implemented specialized services to meet the unique needs of these people.

Schurig’s Post-Concussion Education and Support Group, facilitated by Dr. Wilson, fills gaps in care by providing accurate information about Concussion and directing clients to suitable sources of care. The group also addresses the altered sense of self, a psychological reaction that is common among Concussion survivors.

We are pleased to share that the group’s outcomes show significant improvement in clients’ ability to cope with the long-term cognitive, behavioral, and psychological effects that often impact their work, family, and personal lives.

In recognition of the group’s innovation and positive outcomes, Dr. Wilson was invited to share the findings as a keynote speaker at the 4th International Conference on Clinical and Counseling Psychology this past August in Tokyo. Locally, he also spoke at MarinHealth Medical Center’s Trauma Symposium in October.
An Inspiring Year of Healing Made Possible by YOU!

An Array of 15 Innovative Services that Improve Lives & Abilities
With you by their side, clients in our on-site rehabilitative and supportive services are showing that improvements can happen months, and even years, after injury. Over 95% of our clients demonstrated improvement in their abilities and accomplishment of their goals. They also rated our programs 4.5 out of 5 ‘Highly Satisfied.’

Respected, High-Quality Programs	Over 50% of our referrals come from medical professionals and agencies located all over the Bay Area.

Advocacy Beyond Rehab When things are hard to navigate, you help connect people to the guidance they need to live their best life. Over 320 survivors and family members benefited from Resource and Consultation Services. It’s the only service of its kind in our area. Thanks to you, we are able to provide it to the community free of charge.

Almost 7,000 Hours of Respite for Caregivers Every time you give to Schurig Center, you help families cope with the pressures of care giving. This year, a survivor’s Art Therapy class was added and offered concurrently with the monthly Caregiver Support Group to make it easier for family members to attend the group, feel less alone, and be with others who understand.

A New Partnership This year, Schurig Center received vendorization with Golden Gate Regional Center (GGRC), ensuring even more adults with brain injury-related disabilities have access to supportive services.

10,000 Students in Marin Have Increased Access to a Higher Standard of Care After Concussion Schurig Center is a member of ConcussionSmart Marin, a coalition of Marin agencies providing standardized protocols and education to help Marin’s high school staff, parents, and doctors provide the best possible care for students/athletes who have a Concussion. The protocol is in its third year of implementation.

For the first time in Marin, statistics about youth Concussion incidence are being tracked. This data will improve understanding of the trends of this common injury.
We are deeply grateful for our caring community of donors and volunteers. YOU truly help change lives!

We believe everyone should have access to care for as long as they need it — regardless of ability to pay.

This year, 305 clients were able to access life-enhancing services at Schurig Center thanks to scholarship funds provided by you!

CLIENTS SERVED
280 Brain Injury Survivors
156 Caregivers & Family Members
65% New Clients
30% Attend more than one service

TYPE OF INJURY
37% Traumatic Brain Injury (TBI)
33% Concussion (mTBI)
23% Stroke
7% Other Causes

RESIDENCY
60% Marin County
14% East Bay
11% Sonoma County
15% San Francisco & Other

AGE
37% Seniors 63+
53% 31 to 62
10% 19 to 30

Thanks to you, no one has to recover from a stroke alone.

“You’ve probably heard the John Lennon quote ‘life is what happens to you while you’re busy making other plans.’ Well, my brother-in-law Chris was making other plans during an average weekday morning commute when something tragic happened – he suffered a stroke.

When a person goes through something unexpected like a stroke, it’s life-altering and it affects everyone in their life. I’ve come to learn first-hand just how much brain injury affects lives and families. It can leave you isolated and lost, and sometimes relationships don’t make it through the changes.

Chris is fortunate that he is capable of living alone, but the stroke stole so many parts of his life that our family was left not knowing where to go or how to help him. Schurig Center came into our lives just as things were really falling.

What Chris discovered at Schurig Center was a place to belong and build his confidence back. The support he’s received at the center has helped him through the losses. It’s hard to put into words, but it really saved him. He is now figuring out how to contribute to society as a purposeful man, and he’s finding his way back.

He attends classes weekly. But, it’s the interaction with others who understand that’s the ‘real deal.’ It’s an opportunity for respectful connection that he has so desperately missed. He belongs and everyone views him with the respect that he deserves. That we all deserve.

Thank you for supporting Schurig Center and being by Chris’s side!

Because of your kindness, it’s possible for my family member to reach his highest potential and to not feel alone in a world that he did not plan for, but had other plans for him. You are appreciated more than you know!”

— Shanna, family member and caregiver

70% of our clients live on a low-income

We believe everyone should have access to care for as long as they need it — regardless of ability to pay.
Community support is at the heart of our mission! Schurig Center fundraises 80% of our annual revenue.

2019 Revenue and Expenses

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tr>
<td>Foundations</td>
<td>$208,000</td>
<td>28%</td>
</tr>
<tr>
<td>Events</td>
<td>$193,409</td>
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<tr>
<td>Individuals</td>
<td>$163,207</td>
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<tr>
<td>Total Revenue</td>
<td>$742,872</td>
<td></td>
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<td>Building, Insurance &amp; Administration</td>
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<td>Building Depreciation</td>
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Building Depreciation $48,739 (not included in expense total)

Total Assets $800,175

You Provided Education for 2,246 Professionals and Community Members This Year

- Consultation with Professionals & Agencies
- Community Presentations
- Brain Injury Information Handbook
- Online Resource Directory
- Concussion Education & Website

“Schurig Center is a true gem of care and information for individuals and families throughout the Bay Area and beyond.

Its combination of thoughtful programming, insightful referrals, interdisciplinary partnerships and scientific knowledge make it a highly valued clinical and community resource.

I am exceedingly proud to have Marin Community Foundation be among the center’s sustaining supporters. The creativity and dedication of their board and staff make Schurig Center a most worthy investment.”

Thomas Peters, PhD
President & CEO
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Neurosurgeon, UCSF & MarinHealth Medical Center

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Attorney, Robb & Ross

Randall H. Scarlett, ESQ
Attorney, Scarlett Law Group

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Marin Community Clinics

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Associate Professor, Neuropsychologist ZSFG/UCSF

Elizabeth Whalen, MS, CCC/SLP
California Pacific Regional Rehabilitation Center

Jim Wilson, PhD
Neuropsychologist & Concussion Specialist

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Schurig Center
For Brain Injury Recovery

1132 Magnolia Avenue, Larkspur, CA 94939
(415) 461-6771 | info@schurigcenter.org
501(c)(3) Organization #68-0105213

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