CURRENT SERVICES
(June 2020)

During COVID19 Shelter-in-Place, we are offering remote services!
Our doors are closed to on-site services but our hearts and services remain open!

Please visit www.schurigcenter.org, call 415-461-6771 or email McKenna@schurigcenter.org to learn more.

All Services Offered Remotely Via Zoom or Phone. Scholarship Applications Available.

Art & Education Class for Survivors
Facilitated by an experienced instructor in the field of brain injury rehabilitation. Offered on weekends 1-2x per month for 1.5 hours. Dates to be determined. Email McKenna@schurigcenter.org for more information. A reservation is required. Fee: $15/class.

Art Therapy – Creating Connections through Art and Community
Facilitated by Midge Casler, Art Therapist, this class is designed to aid self-expression, increase communication and social interaction, build self-confidence, improve memory, and help with stress management. Offered Thursdays from 11a to 12:30pm. Fee: $30/class for 10 weeks.

Caregiver Education & Support Group
Facilitated by a specialist in the field of brain injury rehabilitation. Offered on the 4th Saturday of each month 10:00am to 12:00pm. Support Group is Free with suggested donation of $10/group. No reservation required. Please call or email info@schurigcenter.org to confirm date if new to the group.

CogEx Computer-based Class (formerly ITCP)
Provides individuals with computer-based exercises to increase cognitive abilities and accomplish specific goals. Offered Monday through Thursday. Enrollment is 2 classes per week for 1.5 hours. Fee: $30/class for 10 weeks.

CogSMART Class (Cognitive System Management and Rehabilitation Therapy)
Based on the program developed at UC San Diego by Dr. Twamley, this service offers a form of cognitive training to help survivors improve their skills in prospective memory, attention and concentration, problem-solving, and much more. Taught by Kalynn Stewart, licensed speech therapist. Offered Wednesdays from 1pm to 2:30pm. Fee: $30/class for 10 weeks.

Concussion Information Website
Remote presentations offered providing education about Acquired Brain Injury (ABI/TBI/Concussion) and prevention information. Website offering concussion education and information: www.concussionsmartmarin.org

*See page 2 for more services offered*
CORE Program
Serves adults living with an Acquired Brain Injury (ABI/TBI) from a stroke, accident, concussion or other cause. Offers an array of classes to enhance cognitive, social, and behavioral abilities. Remote classes offered for 1-1.5 hours daily Monday through Thursday. Visit www.schurigcenter.org for more information or email McKenna@schurigcenter.org. Fee: $30/class.

Post-Concussion Education Class
Offered for adults living with side effects of a concussion. Provides education, resources, and coping strategies. Facilitated by Dr. Jim Wilson, a licensed neuropsychologist. Four monthly sessions on the 2nd Wednesday of each month from 6pm to 7:30pm via Zoom. Fee: $120 total for all four sessions.

Resource Referral Service
Consultation to provide assistance in finding and accessing community resources. Call 415-461-6771 or email McKenna@schurigcenter.org for more information. Fee: Free or sliding scale for in-depth assistance.

Speech Therapy Group and Individual Sessions
Aphasia Communication Group to learn and practice successful communication strategies in the supportive setting. Tuesdays from 10am-11am or 1pm-2pm. Fee: $25/class for 10 weeks. A pre-screening is required. *Individual session is also available* Call 415-461-6771 for more information or email McKenna @schurigcenter.org.

Support Group (For adults living with brain injury)
Facilitated by Carol Howard-Wooton, MFT in the field of brain injury rehabilitation. Tuesdays from 3:15pm to 4:45pm via Zoom. Fee: $10/group.