

# **2023** Impact Report

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98%

of those served reported improved quality of life from accessing services



3,000+

hours of rehabilitative classes and support groups, offered online and in person



496

survivor and family caregiver lives improved in an array of 13 rehabilitative and supportive services



1,000+

hours of resource referral and consultation services were provided to the community free of charge



3,100

people accessed direct services, attended an informational presentation, or utilized online educational resources

Fiscal Year Time Period August 1, 2022 - July 31, 2023 SchurigCenter.org



It has helped me so much to come to Schurig Center!
I attend an art therapy course and online support group.
Talking with others at the center who also have had an injury helps me cope. I love this place and all the people in it, including the staff who care so much about us all.

Karyn, whose life was changed by the effects of a severe brain infection she contracted while working in Zambia in 2010

Thanks to the support of caring people like you, Schurig Center successfully navigated our 38th year of helping people adjust to a changed life after brain injury. Our unique array of services is not available anywhere else in Marin or the Bay Area, and they are powered by community generosity. Without you, the healing that happens at Schurig Center truly would not be possible. Below are just a few highlights from this past year that we accomplished together.

#### You Helped Survivors Reach Their Goals and Improve Their Abilities

- 96% of participants accomplished their goals during the year.
- An array of 23 weekly therapeutic, educational, and supportive classes/groups were offered, serving 173 people.
- New life skills classes were added in the daily CORE Therapeutic Program, helping participants improve their abilities in their activities of daily living.
- A hybrid service model continued to be successfully offered with 59% of classes and groups hosted online and 41% offered in person. More classes were offered in person than the previous year because participants are increasingly expressing a desire to want to return to in-person programs.

#### You Helped People Connect with Community and Feel Less Alone

- 85 survivors and family members/caregivers benefitted from connection with peers in weekly support groups led by licensed professionals.
- 375 callers were assisted with resource referrals, consultation, and other services.
- Group outings were hosted for clients, such as visits to community organizations and other recreational activities. These outings help connect people affected by brain injury with the greater community. It also provide opportunities for participants to improve their relationship building and communication skills.

#### **You Supported Access to Care**

- Outreach was expanded to Spanish-speaking community members and staffing hours were increased for the bilingual resource specialist position.
- Scholarships were provided to 53% of clients attending classes and groups.
- 40% of our service array was offered free of charge, including resource referral assistance, consultation, brain injury handbook, and online concussion education.

### You helped improve hundreds of lives this past year!



#### **DIRECT SERVICE CLIENTS**

Survivors	304
Caregivers & Family	192
New Clients	74%
Live on a Low Income	76%



#### **BRAIN INJURY TYPE**

Traumatic Brain Injury	40%
Stroke	25%
Concussion	21%
Other Causes	14%



#### **PLACE OF RESIDENCY**

Marin County	42%
Other Bay Area Counties	43%
California	8%
Out of State	7%



#### **AGE**

Seniors 63+	37%
31 to 62	56%
19 to 30	7%

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Coming here has been very helpful to me and to the others I am in classes with.

I enjoy coming here and really like the art class. – Allan

After Allan came home from the hospital, he did not seem to be making progress and he rarely smiled. After finding Schurig Center and coming here, Allan has improved in many ways. And he smiles so much more!

We both enjoy coming here, being with other people, and learning ways to help Allan continue to improve his abilities. – Claudia

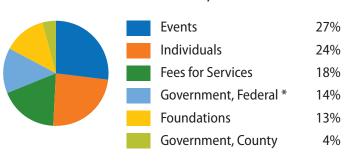
Allan and his mother Claudia are living with the effects of a traumatic brain injury Allan suffered from a motor vehicle accident

## Your Generosity Funds a Unique Array of Rehabilitative and Supportive Services Not Available Anywhere Else in Marin or the Bay Area

- Aphasia/Speech Therapy Classes
- Art Therapy Classes
- Brain Injury Handbook
- Caregiver Support Groups
- CogEX Computer-based Cognitive Training

- CogSmart Training Classes
- Concussion Education Program
- Consultation
- CORE Therapeutic Daily Program
- Online Brain Injury Information & Education
- Post-Concussion Education
- Resource Referral Assistance
- Survivor Support Groups
- Member of the coalition ConcussionSmart Marin

#### Revenue \$800,075



#### Expenses \$774,492



Total Assets \$878,278 • Building Depreciation \$50,698 (not included in expense total) \* Federal government funding consists of a one-time Employee Retention Tax Credit of \$110,000.

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